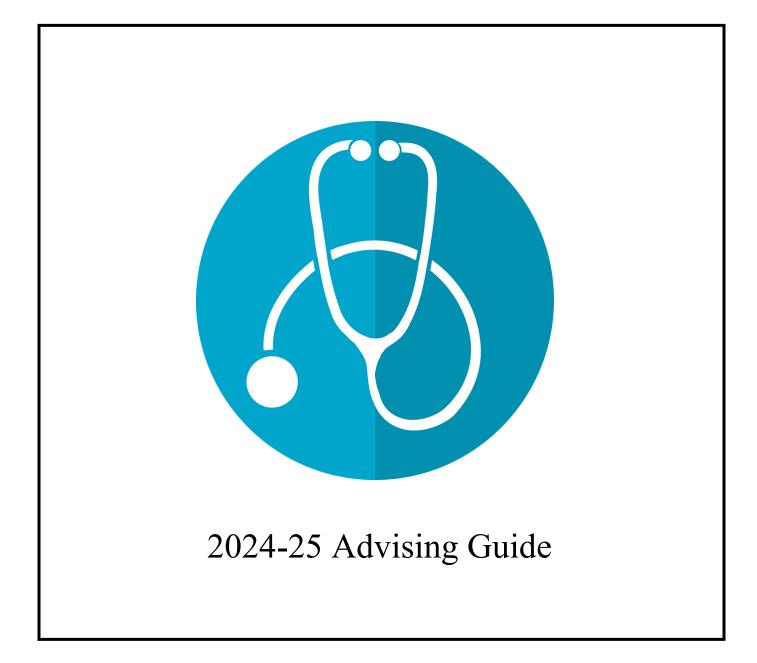


# Community College HEALTH SCIENCES NCES



Clackamas Community College - Health Sciences Department Harmony Campus, Harmony East 2nd Floor Phone: 503-594-6589; Email: healthsciences@clackamas.edu Health Sciences Webpage Nursing Assistant Webpage

## Nursing Assistant (NA1) Clackamas Community College Harmony Campus, Milwaukie, OR

The Nursing Assistant Course accepts 20 students per cohort and classes start every term (Fall, Winter, Spring, Summer) at our Harmony Campus. The program provides students a combination of online learning with hands-on skills labs and an externship (e.g., long-term care or assisted living clinical experience).

The purpose of the Advising Guide is to provide prospective students with the necessary information to make an informed decision prior to applying.

If you have questions regarding eligibility, application dates, and/or process below, please contact <u>heatlhsciences@clackamas.edu</u>.

#### **Program Eligibility and Requirements**

Students who have been formally accepted into the Nursing Assistant Program must attend a mandatory orientation. During the orientation, students will start the process for completing all non-academic requirements. Please start collecting your vaccine records for the below list of immunizations and if accepted, be prepared to submit documentation during the orientation.

- □ High School Diploma or equivalent;
- □ Immunizations (MMR, Varicella, Tdap, Hep B, COVID-19, seasonal Flu);
- □ Criminal Background Check;
- Drug Screen;
- □ Tuberculosis test;
- □ Training (BLS/CPR certification through American Heart Association)

Note: Criminal background check requires a social security number. Students will start the criminal background check process during the orientation and upload vaccine records and BLS/CPR card.

Application Due:	Rolling Dates (see webpage)
Notification of Application Status:	Rolling Dates (see webpage)
Mandatory Orientation for Conditionally Accepted Students:	Rolling Dates (see webpage)

#### Student Success with Online Courses

The Nursing Assistant course is designed for online learning with face to face skills labs. The online courses require students to have strong computer skills (examples below):

- using Microsoft Word, Excel, and PowerPoint, and Google Docs;
- saving and uploading documents;
- using email, and avoiding phishing attempts;
- attaching documents to emails;
- navigating the Internet; recognizing credible, safe information;
- searching for career and job information;
- understanding the impact of your digital footprint;

Although not required, we encourage students to prepare for online course navigation by completing the following free preparatory courses:

Computer and digital literacy - <u>https://libguides.clackamas.edu/northstar</u>

□ Moodle 101 – <u>link to register</u>

**Recommended Courses** (not required) Note: although the following courses are not required to enter the Nursing Assistant Course, they are highly recommended to help support student success.

□ HP-110 Medical Terminology; or MA-110 Medical Terminology (4 credit)

□ WR-121Z Composition I; or WR-101 Workplace Writing (4 credit)

Nursing Assistant Tentative Schedule		
Weeks 1-6		
Lecture (online)	33 hours	
Lab (in-person)	44 hours	
	<ul> <li>Tuesdays and Wednesdays         <ul> <li>Cohort A: 9:00 AM – 1:30 PM</li> <li>Cohort B: 2:00 PM – 6:30 PM</li> </ul> </li> </ul>	
Weeks 7-10		
Clinical (in-person, clinical sites)	45 hours	
	• T/W/Th	
	<ul> <li>o Typical schedule 5:45am-2:15pm</li> <li>■ More details given during class</li> </ul>	
Week 11		
Final Exam	Schedule TBD	

### **Nursing Assistant Application Steps**

**Step 1:** Review all information provided on the website before completing this form. Website information link: <u>Nursing Assisting (NA1) Course</u>

\*Website information includes: Advising Guide, FAQ, Schedule, Costs, Supplies, Advising Information

**Step 2: Collect your vaccine records** (see Advising Guide for detailed list). If accepted, you will bring your vaccine records to the mandatory orientation.

**Step 3: Submit program application.** The Nursing Assistant Course requires you to upload your vaccine attestation form (embedded in the application questions).



## **NURSING ASSISTANT ESSENTIAL FUNCTIONS**

Nurses/nursing assistants must possess the physical and cognitive capacity, emotional stability, and communication skills essential for the delivery of safe, effective nursing care. Students admitted to Nursing Assistant I, with or without accommodation, must be able to meet the following academic and technical standards (essential functions).

Essential	Example
Function	
Visual acuity	Sufficient to gather data on clients and their environments and to provide appropriate care.
(clearness of	Examples of relevant activities include, but are not limited to:
vision)	Detect changes in skin color or condition
	<ul> <li>Collect data from recording equipment and measurement devices used in client care</li> </ul>
	<ul> <li>Detect a fire in a client area and initiate emergency action</li> </ul>
	Ability to read resident care plans
	<ul> <li>Accurately place and maintain position of stethoscope for detecting blood pressure sounds.</li> </ul>
	<ul> <li>Manipulate small equipment and containers, such as packaged juice foil pouches, hearing aid batteries.</li> </ul>
Strength &	Sufficient to perform client care activities and emergency procedures.
Mobility	Examples of relevant activities include, but are not limited to:
-	Safely transfer clients in and out of bed and assist them with ambulation using appropriate
	<ul><li>devices e.g. a gait belt to prevent client falls.</li><li>Lift or move clients</li></ul>
	<ul> <li>Pull, push &amp;/or lift objects weighing 50 pounds or more</li> </ul>
	<ul> <li>Turn and position clients as needed to prevent complications due to bed rest.</li> </ul>
	<ul> <li>Accurately read the volumes and empty body fluid collection devices hung or placed below</li> </ul>
	bed level
	<ul> <li>Reach under bed to pick up W/C footrest, resident's shoes, etc.</li> </ul>
	Reach to shoulder or higher level
	Perform cardiopulmonary resuscitation
Physical	Sufficient to complete assigned periods of clinical practice (e.g. 8-hour shifts, days, evenings, or
Endurance	weekends) with acceptable speed (an acceptable speed of function is reflected by ability to carry
	out the usual client care assignment appropriate to a particular point in the course within the allotted clinical time) while caring for 4-6 clients per shift.
Ability to	At a level that meets the need for accurate, clear, and effective communication with individuals,
-	families, and groups respecting social, cultural and spiritual diversity.
speak,	Examples of relevant activities include, but are not limited to:
comprehend,	Give clear oral reports
read, and	Read watches with second hands
write in	Read graphs
English	<ul> <li>Negotiate interpersonal conflict</li> </ul>
	Read and understand English printed documents
	Write legibly in English in client charts
Emotional	To function effectively under stress, adapt to changing situations, demonstrate honesty and integrity, and follow through on assigned client care responsibilities.
Stability	Examples of relevant activities include, but are not limited to:
	Deal with the unexpected, e.g., frequently changing client status
	<ul> <li>Handle strong emotions expressed by clients or others in the health care setting</li> </ul>
	<ul> <li>Be flexible with changing environments and schedules in both class and clinical settings</li> </ul>
Cognitive	To collect, analyze, and integrate information and knowledge to make clinical judgments that
Ability	promote client outcomes.
	Examples of relevant activities include, but are not limited to:
	Respond appropriately in emergency situations with sustained attention.
	Demonstrate skills of recall using both long- and short-term memory tions: The Americans with Disabilities Act of 1991 (ADA) mandates that reasonable

ADA Accommodations: The Americans with Disabilities Act of 1991 (ADA) mandates that reasonable accommodations must be made for individuals with disabilities. Any student who may need an accommodation for a disability should make an appointment with the Program Director and the <u>Disability Resource Center</u>.

#### **Program Contacts**

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